

**Free throw contest score sheet**

**I'm not robot!**





# 2011 Hartley 4-H Poultry Contest

## Scoresheet



Cooking Skills	Max Points	Points Scored	Comments
<b>Equipment and Utensils*</b> Practical? ___ Efficient? ___ Complicated? ___ Timey? ___ Appropriately arranged? ___ Cleanup of work area and equipment? Yes, No	5		
<b>Appearance and Cleanliness*</b> Person and equipment: Initially: Inappropriate, Marginal, <u>Appropriate</u> While cooking: Inappropriate, Marginal, <u>Appropriate</u> Apron/Attire: Inappropriate, Marginal, <u>Appropriate</u> Was 4-H represented? Yes, No	5		
<b>Starting Fire*</b> Was skill demonstrated in starting fire? Yes, No Was method of lighting safe? Yes, No Was extra fuel needed to start fire? Yes, No	5		
<b>Controlling Fire*</b> Was person skilled in controlling fire? Yes, No Was there excessive smoke or flame? Yes, No Fire and heat control? Too hot, <u>Appropriate</u> , Too cool Excessive heat required control measures? Yes, No -excessive ash dust stirred up? Yes, No, NA If needed, was charcoal added properly? Yes, No, NA	5		
<b>Preparing Chicken for Cooking*</b> Demonstrated overall cooking skills? Yes, No Safe use of knife? Yes, No Trimmed excess fat? Yes, No Safe handling of uncooked chicken: Inappropriate, Marginal, <u>Appropriate</u>	5		
<b>Skill in Barbecuing*</b> Did cooking start with skin side up? Yes, No Was chicken turned before blistering? Yes, No Was skin torn stuck to grill? Yes, No Was sauce uniformly applied? Yes, No Food safety issues observed: <u>Cleanliness, Contamination, Handling, Check for Doneness</u>	15		

\*Circle appropriate statement - goal statements are double underlined.

Cooking Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Participant Number \_\_\_\_\_

## Talent Show Score Sheet

### Chapter - Serious Category

	Chapter Name & ID (Chapter, District, Region)	Originality, Creativity (0 - 10)	Poise, Presentation (0 - 10)	Clarity of Voice (0 - 10)	Crowd Appeal (0 - 10)	Total Score (Max 40)
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

2011-2012 National 4-H Poultry Contest  
 Scoresheet

Rate each chili dish, in all categories, on a scale of 1-5 and submit your total at the bottom.

	1	2	3	4	5	6	7	8
Color								
Heat								
Aroma								
Texture								
Flavor								
Total								

Junior Girls Points and Score Sheet

	Debuton	Rainier	Southern	TROR
200A				
200B				
200C				
200D				
200E				
200F				
200G				
200H				
200I				
200J				
200K				
200L				
200M				
200N				
200O				
200P				
200Q				
200R				
200S				
200T				
200U				
200V				
200W				
200X				
200Y				
200Z				

What are the rules for free throws. Free throw contest rules. Free throw shooting contest rules. Knights of columbus free throw contest score sheet. How many points are awarded for a made free throw.

**A Higher Purpose Offer** an athletic outlet for youth ages 9 to 14 through fun free throw competition. Councils can sponsor a competition by ordering a Free Throw Championship Kit, or volunteer to host and/or support the district, regional and state/province championships. Overview Since 1972, councils have sponsored the Knights of Columbus Free Throw Championship for boys and girls from the ages of 9 to 14 to provide an athletic outlet and encourage the values of sportsmanship and healthy competition. Kids compete within their own gender and age and progress from local level to district, regional and state/province competitions. This program is a great way to introduce the Order to your community and recruit faithful family men of service. Chairman Role and Responsibilities

- Set a date, location and time for the Free Throw Championship.
- Ensure that the event is properly staffed and safely run, according to rules and regulations.
- Train volunteers in the Safe Environment protocols ([www.kofc.org/safe](http://www.kofc.org/safe)). A minimum of two volunteers must be Safe Trained.
- Promote the event to local media.
- Complete and submit all associated reporting forms to the Supreme Council Department of Fraternal Mission.

**Action Steps**

- Order the Free Throw Kit (#FT-KIT) through Supplies Online, the supply ordering portal available on Officers Online.
- Set a date, location and time for the Free Throw Championship. If required by venue, acquire insurance.
- Contact schools and youth centers to explain and promote the program. Suggest that the schools or youth centers consider using this activity as part of their physical education classes.
- Prior to the Free Throw Championship, use the sample press release as a model to create and distribute a tailored release to local media.
- Build public interest for the event! Promote the Free Throw Championship in your parish and larger community through a variety of efforts:
  - Prominently display promotional posters (found in the Free Throw Kit(#FT-KIT))
  - Bulletin announcements
  - Pulpit announcements
  - Posting on your council and parish website / social media pages
- Coordinate with the district and state/province leadership regarding date, time, and location of the next level of competition. On the day of the event, provide this information to the council-level winners.
- Preregistration is recommended, but sometimes difficult to execute.
- Hold the Free Throw Championship! Review the Free Throw Playbook(#1928) for guidelines, volunteer requirements, and other information.
- On the day of the event, wear Knights of Columbus-branded apparel and have the council membership director set up a table with brochures and membership documents (including Prospect Cards#921A). Do not forget that this event is a recruiting opportunity!
- Enlist a fellow Knight or community member to photograph the event.
- Following the Free Throw Championship, update the community on the success of your program by amending the Free Throw Championship sample announcement and distributing it to local media, along with energizing photographs from the event.
- Send winning Free Throw Score Sheets(#1598) to the next level of competition.
- To gain credit for your program, complete the associated reporting forms and submit them to the Supreme Council Department of Fraternal Mission. Remember to retain copies for your council records. FREE THROW COMPETITION Since 1972, councils have sponsored the Knights of Columbus International Free Throw Championship for boys and girls between the ages of 9 and 14. The championship is set up to have the contestants compete within their own gender and age group. All competition starts at the local level. Winners move on to the district, regional, and state or provincial levels. From there, some make it to the international level for championship competition in their group. To sponsor a competition, all your council needs is the Free Throw Championship Kit (#FT-KIT), a couple of basketballs, a hoop and a bunch of kids. It is a great way to get out into the public and introduce the Order to your community – while providing youths with a rewarding activity that yields a chance for local, state or provincial, and international recognition. Bishop John Barres of Allentown, Penn., a former collegiate basketball player at Princeton University, is a strong supporter of the Free Throw Championship. He sees the focus and discipline required to achieve athletic excellence as being valuable in the faith formation and character development of young people. In addition, healthy competition helps young people to handle both good fortune and adversity with grace and dignity. Start planning now to get your free throw contest off to a running start. The Knights of Columbus Free Throw Championship program is a great way to provide entertainment and enjoyment for the young people in your community. To start planning, there are steps that you should keep in mind: More Information from Supreme Order the Knights of Columbus Free Throw Championship Kit (#FT-KIT) using this order form. You can also use the order form in the Council Report Forms Booklet (#1436), or call the Department of Fraternal Services at 203-752-4270. Schedule a date and location for the event. Contact schools, community centers and youth centers to reserve a basketball court. January is recommended for council competitions, February for district competitions, and March/April for regional and state championships. Sign ‘em up! Your Free Throw Championship Kit contains posters announcing the contest. Obtain permission to display them in schools, youth and community centers, and church vestibules. Make sure that entry forms/score sheets (#1598) are also available at these locations. Pre-register contestants whenever possible. Enlist help from schools. Ask school superintendents, principals and athletic directors to promote your championship. See if schools will hold preliminary competitions as part of their intramural or physical education programs. High school athletes should be reminded to check with their state high school athletic association about possible eligibility conflicts. Don't forget to contact and invite the recreational and youth basketball programs in your community. Build public interest. Use the sample press release in the Knights of Columbus Free Throw Championship Rules, Regulations, Tips and Information Guide (#1928) to announce your championship. Retype the release on council letterhead, giving the details of your championship. Deliver or send it, along with clip art logos, to the editors of both local news and sports sections. After the competition, be sure to send out a press release announcing the winners. When sending press releases to radio or television stations always use the program's official name: "Knights of Columbus Free Throw Championship." Be sure to send in the Participation Report Form (FT-1). This form provides the Supreme Council with informational statistics, which enables the contest to continue to be a success. Extra Steps to Ensure Success When conducting the Knights of Columbus Free Throw Championship, taking a few extra steps can make the difference between a mediocre event and a great community project. Although the Knights of Columbus Free Throw Championship seems simple to conduct, here are a few details to ensure success: If possible, get approval from the superintendent of schools to promote the program. Make a presentation to local physical education teachers to gain their support for the program. Ask local businesses to show their support with donations of food, soda, paper plates, napkins, etc. in exchange for publicity at the event and in related press releases. Award a trophy to the school with the highest percentage of students participating. Present other awards such as "Motivator of the Year" to the teacher selected by his or her peers as the embodiment of the principles of participation; a "School Spirit" to the school that exemplified enthusiasm and sportsmanship throughout the competition; and "Sponsor of the Year" to a business that made a serious commitment to the competition. Sponsor a pancake breakfast or similar event for all school district level competitors. Who May Enter All boys and girls between the ages of 9 and 14 are eligible to compete in the Free Throw Championship. Age eligibility is determined by the age of the contestant as of January 1. High school-age athletes should be advised to check with their school athletic directors or their state's high school athletic association regarding possible eligibility conflicts. Each youngster may compete in only one council competition. Local champions may not represent more than one council. Championship entrants compete against youngsters of the same age and gender in six age divisions: 9, 10, 11, 12, 13 and 14. At the council level, each competitor gets 15 free throws, and the one who makes the most shots wins. If there's a tie, five-shot tiebreaker rounds follow until a winner emerges. Use a tiebreaker if there is a tie for second place; the second place finisher will move on to successive levels of competition if, for whatever reason, the winner is unavailable. In the event that the winner in any level cannot participate in the next level of competition, the second place winner should represent the area group. All contestants must register using the official K of C Free Throw Championship Entry Form/Score Sheet (#1598). All entry forms/score sheets must include a parent's signature. Proof of age must accompany all registration forms and should be verified at all levels. The entry form/score sheet also contains spaces to record the contestants' scores. This form must accompany each champion as he or she progresses through the competition. The State Free Throw Competition locations TBA

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